

South Bend Community School Corporation

High School Menu

February 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	January 7				February 1 Mini Corn Dogs w/Mac & Cheese Chicken Filet on WG Bun Broccoli Veggie Pack Baked Apples
	February 4 Dilled Chicken Breast on WG Bun American Cheese Steak on WG Hoagie Roll Veggie Pack French Fries Peaches	WG Chicken & Cheese Enchilada Boom Boom Turkey Ruben Refried Beans Veggie Pack Mixed Fruit	School Pizza BBQ Beef Rib on WG Bun Broccoli Veggie Pack Pears	Ling's General TSO w/Brown Rice Fish Taco w/WG Shell Green Beans Veggie Pack Frozen Berries	Bosco Stick w/Marinara Sauce Meat Loaf on WG Bun Veggie Pack Side Salad Applesauce
	February 11 Hamburger on WG Bun French Bread Pizza Marinara Sauce Maple Roasted Sweet Potatoes Veggie Pack Baked Apples	Chicken Taco 2 Chili w/WG Tostitos Shredded Romaine Veggie Pack Corn Pears	Chicken WG Penne w/Garlic Bread Southwestern Philly-Cheese Broccoli Veggie Pack Peaches	Asian Chicken Stir Fry With Brown Rice Hot Dog on WG Bun Carrots Veggie Pack Frozen Fruit Cup	Calzone Chicken Filet on WG Bun Baked Beans Veggie Pack Mixed Fruit
	February 18	Taco Salad w/ WG Tostitos Chicken Philly on WG Bun Black Bean Fiesta Veggie Pack Pears	WG Pizza *Pork Chop on WG Bun Broccoli Veggie Pack Fresh Fruit	Not Fried Rice w/Egg Roll Cheese Burger on WG Bun Corn Veggie Pack Mandarin Oranges	Fish Filet on WG Bun Italian Meat Ball Sub on WG Calf. Blend Veggie Pack Frozen Berries
	February 25 Chicken Tenders With Dinner Roll *Pulled Pork on WG Bun Waffle Sweet Potato Veggie Pack Mixed Fruit	Nacho Ole' w/Tostito Chips Hot Ham and Cheese on WG Bun Black Bean Fiesta Veggie Pack Peaches	WG Spaghetti W/ Meat Sauce Garlic Bread Quesadilla Burger on WG Green Beans Veggie Pack Fresh Fruit	Chicken Bowl: Mashed Potatoes & Gravy WG Dinner Roll Fish Sticks w/Dinner Roll Corn Veggie Pack Baked Apples	

Students may take 2 of one vegetable or 2 different vegetables to equal 1 cup. 8 oz. nonfat and low fat flavored & unflavored milk is served with all meals.
Offered Daily: Chef Salad, PBJ Sandwich, Cheese Sandwich, and Yogurt, Cheese, Cracker, Grab -n- Go

Menu is Subject to Change

*This institution is an equal opportunity provider.
Esta institución es un proveedor que ofrece igualdad de oportunidades*